



Wisdom. Compassion. Integrity.

Are you prepared for your newest arrival?

Galen OB/GYN wants to help with a

Complete Childbirth Class

Topics include:

Labor

Breathing & Relaxation techniques

Birth Plans

Post-partum lifestyle

Newborn Care Basics

Tour of Erlanger East

Classes are taught by a Registered Labor and Delivery Nurse

Cost: \$65.00

***Saturday* Classes are 9:00am to 4:00pm are offered on the following dates:**

Saturday, July 11th

Saturday, August 15th

Saturday, September 12

***Tuesday and Thursday* Classes are 6:30pm to 9:30pm**

Tuesday & Thursday, July 21st & 23rd

Tuesday & Thursday, August 25th & 27th

Tuesday & Thursday, September 22nd & 24th

For more information see a receptionist or call us at 899-9133